



HIDDEN TRUTH SHOW WITH JIM BRESLO
LARRY DOSSEY M.D.

AVAILABLE ON ALL PODCAST APPS

**HIDDEN
TRUTH**
WITH JIM BRESLO

1
00:00:12,589 --> 00:00:07,540

[Music]

2
00:00:15,730 --> 00:00:12,599

one mind is a natural progression of 12

3
00:00:18,470 --> 00:00:15,740

previous books and they they've all

4
00:00:21,769 --> 00:00:18,480

played around the edges of the one man

5
00:00:23,990 --> 00:00:21,779

concept but the one mind is an idea that

6
00:00:28,490 --> 00:00:24,000

really is quite actual and I know it

7
00:00:32,569 --> 00:00:28,500

sounds fairly modern but really it goes

8
00:00:35,000 --> 00:00:32,579

back a long way and the thing that's new

9
00:00:37,160 --> 00:00:35,010

about it is its endorsement by people

10
00:00:39,080 --> 00:00:37,170

that you wouldn't think would go in that

11
00:00:40,940 --> 00:00:39,090

direction such as Nobel Prize winning

12
00:00:44,450 --> 00:00:40,950

physicist and experimentalist in

13
00:00:46,340 --> 00:00:44,460

medicine and so on so there's a lot of

14

00:00:49,190 --> 00:00:46,350

evidence that we have is that it's

15

00:00:51,290 --> 00:00:49,200

contemporary which the ancients did not

16

00:00:55,580 --> 00:00:51,300

have even though the basic idea is the

17

00:00:57,319 --> 00:00:55,590

same you're you one thing that jumped

18

00:01:00,560 --> 00:00:57,329

out at me is you you're playing around

19

00:01:03,500 --> 00:01:00,570

with the Golden Rule and that serious

20

00:01:05,450 --> 00:01:03,510

stuff to me because my father raised us

21

00:01:07,070 --> 00:01:05,460

very strictly on the Golden Rule do unto

22

00:01:10,580 --> 00:01:07,080

others as you would have them do unto

23

00:01:13,160 --> 00:01:10,590

you but you say that perhaps it should

24

00:01:16,490 --> 00:01:13,170

be written rewritten be kind to others

25

00:01:19,340 --> 00:01:16,500

because in some sense they are you is

26

00:01:22,039 --> 00:01:19,350

that an important gene rule because the

27

00:01:24,230 --> 00:01:22,049

Golden Rule seems so darn good well I

28

00:01:26,890 --> 00:01:24,240

think it's great that starting point and

29

00:01:28,940 --> 00:01:26,900

it's a great ethical and moral

30

00:01:30,980 --> 00:01:28,950

commandment in my judgment but I think

31

00:01:34,640 --> 00:01:30,990

it can be expanded based on recent

32

00:01:38,289 --> 00:01:34,650

findings that we are connected I I think

33

00:01:40,609 --> 00:01:38,299

that the golden rule assumes that

34

00:01:44,090 --> 00:01:40,619

there's differences there separations

35

00:01:47,090 --> 00:01:44,100

and boundaries that keep us apart as

36

00:01:48,980 --> 00:01:47,100

human beings and I think that's the

37

00:01:50,870 --> 00:01:48,990

source of a great deal of mischief in

38

00:01:54,020 --> 00:01:50,880

the world this idea that we're tribal

39

00:01:56,780 --> 00:01:54,030

that it's me against you I think that

40

00:02:00,950 --> 00:01:56,790

sets the stage for greed and

41

00:02:04,569 --> 00:02:00,960

possessiveness which we could circumvent

42

00:02:07,029 --> 00:02:04,579

if we had the courage to follow

43

00:02:12,020 --> 00:02:07,039

experiments and people's experiences

44

00:02:13,380 --> 00:02:12,030

which show that we are connected I don't

45

00:02:15,480 --> 00:02:13,390

think that this is an argue

46

00:02:17,930 --> 00:02:15,490

point anymore although skeptics think

47

00:02:21,210 --> 00:02:17,940

that this is hopelessly spiritual

48

00:02:23,250 --> 00:02:21,220

because there is just an incredible body

49

00:02:24,750 --> 00:02:23,260

of evidence that suggests this era

50

00:02:27,390 --> 00:02:24,760

thoughts are connected with the thoughts

51
00:02:29,730 --> 00:02:27,400
of other people and a since we couldn't

52
00:02:33,210 --> 00:02:29,740
even separate ourselves if we wanted to

53
00:02:35,370 --> 00:02:33,220
and we tried and God knows we have tried

54
00:02:38,160 --> 00:02:35,380
I think that this idea of boundaries and

55
00:02:40,710 --> 00:02:38,170
separation sets the stage for some of

56
00:02:43,620 --> 00:02:40,720
the stuff that we we talked on earlier

57
00:02:45,840 --> 00:02:43,630
about political differences divisions

58
00:02:47,520 --> 00:02:45,850
that are hopelessly ingrained in human

59
00:02:49,710 --> 00:02:47,530
behavior and ethics and morals and

60
00:02:52,229 --> 00:02:49,720
religions I think we could

61
00:02:54,960 --> 00:02:52,239
leapfrog a lot of those things and come

62
00:02:56,699 --> 00:02:54,970
out ahead we were able to do so yes

63
00:02:58,680 --> 00:02:56,709

staying on the political side a little

64

00:03:00,150 --> 00:02:58,690

bit if you look at the the founders of

65

00:03:03,620 --> 00:03:00,160

our country I know how much you studied

66

00:03:06,930 --> 00:03:03,630

that I was a Poli Sci major in college

67

00:03:10,199 --> 00:03:06,940

but you know they were recognizing the

68

00:03:13,560 --> 00:03:10,209

nature of man which is to be somewhat

69

00:03:16,110 --> 00:03:13,570

selfish and for people in power to to

70

00:03:17,520 --> 00:03:16,120

want power and thirst for more power and

71

00:03:19,770 --> 00:03:17,530

so they put all these guards and

72

00:03:21,569 --> 00:03:19,780

protections up in our government the

73

00:03:23,580 --> 00:03:21,579

checks and balances etcetera and in

74

00:03:25,350 --> 00:03:23,590

smaller government and so on because

75

00:03:27,390 --> 00:03:25,360

they recognized the limitations of man

76

00:03:29,130 --> 00:03:27,400

and it seems to me on the other side you

77

00:03:32,850 --> 00:03:29,140

have people who have a little bit more

78

00:03:34,680 --> 00:03:32,860

of a utopian view that believe that no

79

00:03:36,360 --> 00:03:34,690

we don't need a guardian side man is

80

00:03:39,380 --> 00:03:36,370

good we're all one and this and that and

81

00:03:41,190 --> 00:03:39,390

we don't need to protect against that so

82

00:03:43,350 --> 00:03:41,200

talk to me a little bit about your

83

00:03:45,720 --> 00:03:43,360

thoughts about our political structure

84

00:03:46,699 --> 00:03:45,730

in light of your thinking of we're all

85

00:03:51,710 --> 00:03:46,709

one mind

86

00:03:54,240 --> 00:03:51,720

well I'm sensitive to the argument that

87

00:03:56,190 --> 00:03:54,250

people are scared of this idea of one

88

00:03:57,780 --> 00:03:56,200

line because it sounds as if you buy

89

00:04:00,120 --> 00:03:57,790

into that you're going to lose your

90

00:04:02,479 --> 00:04:00,130

sense of individuality

91

00:04:05,039 --> 00:04:02,489

you'll just be homogenized in some

92

00:04:06,960 --> 00:04:05,049

formless mass of consciousness and you

93

00:04:10,080 --> 00:04:06,970

can't tell yourself from anybody else I

94

00:04:12,060 --> 00:04:10,090

think that what we're looking at here is

95

00:04:15,930 --> 00:04:12,070

what Niels Bohr called a case of

96

00:04:17,729 --> 00:04:15,940

complementarity we are individuals we

97

00:04:18,960 --> 00:04:17,739

have an ego we have a sense of

98

00:04:21,270 --> 00:04:18,970

personhood

99

00:04:24,089 --> 00:04:21,280

I'm not against any of that but I think

100

00:04:27,150 --> 00:04:24,099

a coin has two sides and I think the

101

00:04:30,060 --> 00:04:27,160

flip side of individuality is unity

102

00:04:31,980 --> 00:04:30,070

and the things that are associated with

103

00:04:34,740 --> 00:04:31,990

it such as empathy and compassion and

104

00:04:38,040 --> 00:04:34,750

understanding I think it's possible to

105

00:04:40,680 --> 00:04:38,050

air too much on one side of the other I

106

00:04:45,530 --> 00:04:40,690

think we need both notions of who we are

107

00:04:51,300 --> 00:04:45,540

as human beings otherwise we get into

108

00:04:54,390 --> 00:04:51,310

hopeless competition and antagonisms

109

00:04:57,300 --> 00:04:54,400

which I think we've seen played out in

110

00:05:00,930 --> 00:04:57,310

the 20th century in spades and I think

111

00:05:02,580 --> 00:05:00,940

that the way of avoiding that is to go

112

00:05:04,920 --> 00:05:02,590

beyond that and to look at the other

113

00:05:06,990 --> 00:05:04,930

side of the coin the other side of the

114

00:05:09,630 --> 00:05:07,000

coin is that there are no boundaries

115

00:05:11,580 --> 00:05:09,640

between consciousness we can insert

116

00:05:15,480 --> 00:05:11,590

information into the world and acquired

117

00:05:19,880 --> 00:05:15,490

from the world and in a sense this no

118

00:05:22,880 --> 00:05:19,890

boundary idea this one mind is a

119

00:05:26,160 --> 00:05:22,890

safeguard against the excessive

120

00:05:29,490 --> 00:05:26,170

competition war greed possessiveness

121

00:05:32,190 --> 00:05:29,500

that seems to be failing us in a major

122

00:05:35,040 --> 00:05:32,200

way on the planet in these days right

123

00:05:38,130 --> 00:05:35,050

but to get all to embrace this is a

124

00:05:40,980 --> 00:05:38,140

pretty lofty goal and we seem a long way

125

00:05:42,900 --> 00:05:40,990

from that I mean you know some would say

126

00:05:47,490 --> 00:05:42,910

the closest you get to it as some of the

127

00:05:50,820 --> 00:05:47,500

religions where they talk about you know

128

00:05:52,740 --> 00:05:50,830

us all being together and and in God

129

00:05:54,360 --> 00:05:52,750

being within us and so on but the

130

00:05:56,490 --> 00:05:54,370

religions are all fighting each other so

131

00:05:58,950 --> 00:05:56,500

yeah in the groups that seem to want to

132

00:06:00,960 --> 00:05:58,960

embrace something along these lines they

133

00:06:02,460 --> 00:06:00,970

all want to fight among themselves well

134

00:06:07,650 --> 00:06:02,470

that's one reason I think we want to

135

00:06:09,450 --> 00:06:07,660

extend and push the notion of the golden

136

00:06:11,250 --> 00:06:09,460

rule which has been embraced by a lot of

137

00:06:13,880 --> 00:06:11,260

religions there's a form of it in every

138

00:06:16,950 --> 00:06:13,890

major religion and it just hasn't

139

00:06:20,010 --> 00:06:16,960

captured people's imagination as it

140

00:06:22,620 --> 00:06:20,020

should I think in a sense the major

141

00:06:24,900 --> 00:06:22,630

religions have failed us one of the

142

00:06:27,930 --> 00:06:24,910

points that I try to bring forth in this

143

00:06:31,860 --> 00:06:27,940

book of one mind is that this is beyond

144

00:06:34,740 --> 00:06:31,870

religion the endorsers of the idea of a

145

00:06:37,020 --> 00:06:34,750

unitary collective consciousness or for

146

00:06:39,870 --> 00:06:37,030

goodness sakes Nobel prize-winning

147

00:06:41,040 --> 00:06:39,880

physicists and scientists of various

148

00:06:43,890 --> 00:06:41,050

disciplines

149

00:06:47,249 --> 00:06:43,900

and you know in a since I think they've

150

00:06:49,140 --> 00:06:47,259

out spiritualize the religions if you

151
00:06:50,070 --> 00:06:49,150
look at the comments of Nobel Prize

152
00:06:52,020 --> 00:06:50,080
winner

153
00:06:56,210 --> 00:06:52,030
erwin schrodinger who won the nobel

154
00:06:58,800 --> 00:06:56,220
prize in 1933 and physics and the

155
00:07:02,339 --> 00:06:58,810
opinions of max planck who for goodness

156
00:07:04,860 --> 00:07:02,349
sakes established quantum physics if you

157
00:07:07,950 --> 00:07:04,870
look at Karl unions ideas the collective

158
00:07:11,760 --> 00:07:07,960
unconscious the ideas of Ralph Waldo

159
00:07:13,499 --> 00:07:11,770
Emerson who believes in the over so you

160
00:07:16,589 --> 00:07:13,509
begin to get a picture if there's

161
00:07:18,540 --> 00:07:16,599
something beyond this idea of doing unto

162
00:07:22,620 --> 00:07:18,550
the others as you would have them do

163
00:07:25,050 --> 00:07:22,630

unto you that honors that but goes

164

00:07:28,620 --> 00:07:25,060

beyond it and I think it's this going

165

00:07:31,469 --> 00:07:28,630

beyond the idea of individuality that

166

00:07:35,730 --> 00:07:31,479

we're challenged with now I I think that

167

00:07:38,850 --> 00:07:35,740

this is a pernicious idea to dwell

168

00:07:41,700 --> 00:07:38,860

ceaselessly and endlessly on this idea

169

00:07:44,550 --> 00:07:41,710

of individuality I think that we have

170

00:07:46,529 --> 00:07:44,560

taken this idea in American culture that

171

00:07:47,360 --> 00:07:46,539

you have to lift yourself up by your own

172

00:07:50,399 --> 00:07:47,370

bootstraps

173

00:07:52,080 --> 00:07:50,409

it's almost American heresy to think

174

00:07:55,709 --> 00:07:52,090

that you know somebody is going to do it

175

00:07:58,890 --> 00:07:55,719

for you but I think it has to be both

176

00:08:00,870 --> 00:07:58,900

and I think we are adrift if we just go

177

00:08:04,370 --> 00:08:00,880

in one direction or the other

178

00:08:07,050 --> 00:08:04,380

so I'm opting for a complimentary

179

00:08:09,390 --> 00:08:07,060

approach to the honor and who we are

180

00:08:12,629 --> 00:08:09,400

honoring individuality to a certain

181

00:08:14,790 --> 00:08:12,639

extent but not hesitating to go the next

182

00:08:17,399 --> 00:08:14,800

step where we say that there really

183

00:08:19,769 --> 00:08:17,409

ultimately no boundaries between human

184

00:08:21,300 --> 00:08:19,779

consciousness okay so let's make sure

185

00:08:24,300 --> 00:08:21,310

that people understand when you talk

186

00:08:25,260 --> 00:08:24,310

about one mind just describe for us what

187

00:08:29,070 --> 00:08:25,270

you mean by that

188

00:08:32,209 --> 00:08:29,080

and then also since you are an MD and a

189

00:08:36,000 --> 00:08:32,219

scientist you know what is the

190

00:08:39,680 --> 00:08:36,010

scientific evidence of it well the basic

191

00:08:41,750 --> 00:08:39,690

idea of the one line is that beyond the

192

00:08:44,310 --> 00:08:41,760

individual expressions of consciousness

193

00:08:47,310 --> 00:08:44,320

such as our individual thoughts and

194

00:08:50,670 --> 00:08:47,320

attitudes emotions and that sort of

195

00:08:52,530 --> 00:08:50,680

thing there's a substrate underneath

196

00:08:54,740 --> 00:08:52,540

this that makes individual awareness

197

00:08:57,470 --> 00:08:54,750

possible and that's what the

198

00:09:00,019 --> 00:08:57,480

and the consciousness research community

199

00:09:02,889 --> 00:09:00,029

rarely referred to as consciousness

200

00:09:05,960 --> 00:09:02,899

consciousness makes individual awareness

201
00:09:09,730 --> 00:09:05,970
possible it is the foundation on which

202
00:09:12,920 --> 00:09:09,740
individuality individual mind is based

203
00:09:15,769 --> 00:09:12,930
and so that's the picture that I I think

204
00:09:17,530 --> 00:09:15,779
is going to win the day not only because

205
00:09:21,230 --> 00:09:17,540
people throughout history have

206
00:09:23,769 --> 00:09:21,240
experienced this sort of unity

207
00:09:26,240 --> 00:09:23,779
consciousness in terms of be Tiffany's

208
00:09:28,790 --> 00:09:26,250
religious experiences you near-death

209
00:09:32,360 --> 00:09:28,800
experiences and so on and because of

210
00:09:35,090 --> 00:09:32,370
actual experience so there's a two-prong

211
00:09:37,610 --> 00:09:35,100
reason to advance this notion of the one

212
00:09:39,740 --> 00:09:37,620
mind one is experience is that people

213
00:09:43,040 --> 00:09:39,750

have always had that there is such a

214

00:09:46,160 --> 00:09:43,050

unitary composite that involves all of

215

00:09:47,509 --> 00:09:46,170

us but we can supplement that now with

216

00:09:49,429 --> 00:09:47,519

something that people have not really

217

00:09:52,790 --> 00:09:49,439

not had before and that's where

218

00:09:57,259 --> 00:09:52,800

experiments come in as far as my

219

00:09:59,749 --> 00:09:57,269

experience as a doctor I began to take

220

00:10:02,829 --> 00:09:59,759

note about 30 years ago of actual

221

00:10:04,759 --> 00:10:02,839

experiments where people could actually

222

00:10:07,549 --> 00:10:04,769

with their thoughts and attitudes

223

00:10:10,670 --> 00:10:07,559

emotions and prayers and positive

224

00:10:13,939 --> 00:10:10,680

thoughts affect biological activities

225

00:10:16,400 --> 00:10:13,949

and not just other people but in

226

00:10:18,949 --> 00:10:16,410

nonhumans such as the replication rates

227

00:10:21,319 --> 00:10:18,959

of bacteria and test-tubes the growth

228

00:10:25,100 --> 00:10:21,329

rates of fungi on petri dishes in

229

00:10:27,590 --> 00:10:25,110

laboratories and now these actually

230

00:10:30,049 --> 00:10:27,600

extend this i building another seanica

231

00:10:33,230 --> 00:10:30,059

to heal actual cancers you didn't

232

00:10:35,389 --> 00:10:33,240

transfer counted into experimental

233

00:10:40,660 --> 00:10:35,399

animals such as mice all available these

234

00:10:43,340 --> 00:10:40,670

are some of the most compelling evidence

235

00:10:46,100 --> 00:10:43,350

shows that consciousness is not confined

236

00:10:48,350 --> 00:10:46,110

to your brain it has the ability to

237

00:10:50,660 --> 00:10:48,360

insert information out there into the

238

00:10:53,780 --> 00:10:50,670

world and make a medically important

239

00:10:55,549 --> 00:10:53,790

difference could you describe for me

240

00:11:00,590 --> 00:10:55,559

what you consider to be the most

241

00:11:05,419 --> 00:11:00,600

impressive study to date that earns us

242

00:11:07,490 --> 00:11:05,429

yes I can listeners might want to look

243

00:11:08,300 --> 00:11:07,500

at the book the energy cure it's written

244

00:11:11,600 --> 00:11:08,310

by dr. bill

245

00:11:16,480 --> 00:11:11,610

instant who has replicated these

246

00:11:19,090 --> 00:11:16,490

experiments about 16 times now and

247

00:11:22,280 --> 00:11:19,100

academic centers in the United States

248

00:11:26,060 --> 00:11:22,290

what he does is to transplant mammary

249

00:11:28,400 --> 00:11:26,070

cancer breast cancer and women into test

250

00:11:32,750 --> 00:11:28,410

animals these are a certain strain of

251
00:11:35,920 --> 00:11:32,760
mice and then he has taught people to

252
00:11:38,329 --> 00:11:35,930
use a consciousness based technique of

253
00:11:41,300 --> 00:11:38,339
healing these mice now this is where

254
00:11:43,430 --> 00:11:41,310
this begins to make people's brows

255
00:11:45,530 --> 00:11:43,440
wrinkle in their eyes roll they don't

256
00:11:46,570 --> 00:11:45,540
understand how this could possibly be

257
00:11:50,300 --> 00:11:46,580
true

258
00:11:52,870 --> 00:11:50,310
neither does Ben stuff this is what

259
00:11:55,670 --> 00:11:52,880
experimental evidence is so important

260
00:11:57,320 --> 00:11:55,680
decom if you don't do anything to these

261
00:11:59,870 --> 00:11:57,330
mice with your breast cancer that has

262
00:12:02,630 --> 00:11:59,880
been transplanted into them within 30

263
00:12:04,370 --> 00:12:02,640

days they're all dead it's a terrible

264

00:12:07,610 --> 00:12:04,380

thing to do to animals to transplant

265

00:12:10,130 --> 00:12:07,620

this cancer into them however yet these

266

00:12:12,920 --> 00:12:10,140

College sophomores and students that he

267

00:12:16,160 --> 00:12:12,930

has trained to do this technique applied

268

00:12:21,710 --> 00:12:16,170

in these mice Iran 90% of them get well

269

00:12:24,550 --> 00:12:21,720

now what are the students doing they're

270

00:12:28,910 --> 00:12:24,560

intending healing for these mice

271

00:12:31,220 --> 00:12:28,920

thinking positive healing thoughts right

272

00:12:35,980 --> 00:12:31,230

that's exactly right there is a specific

273

00:12:40,340 --> 00:12:35,990

technique which bingston has devised

274

00:12:43,700 --> 00:12:40,350

which to the newcomer who thinks that

275

00:12:45,079 --> 00:12:43,710

none of this is possible I would simply

276

00:12:47,890 --> 00:12:45,089

say look at the results of the

277

00:12:50,900 --> 00:12:47,900

experiments I think they're in arguable

278

00:12:53,900 --> 00:12:50,910

and I'm happy in a sense that this can't

279

00:12:55,610 --> 00:12:53,910

be Grox I mean there's no real way to

280

00:12:57,530 --> 00:12:55,620

understand how your thoughts make a

281

00:13:00,740 --> 00:12:57,540

biological difference in a rat that

282

00:13:03,440 --> 00:13:00,750

would otherwise die of cancer all I can

283

00:13:05,380 --> 00:13:03,450

say is here are the experiments you know

284

00:13:09,519 --> 00:13:05,390

you can take them are legion leave them

285

00:13:13,040 --> 00:13:09,529

and I think skepticism is a wonderful

286

00:13:16,070 --> 00:13:13,050

tool to apply to trying to understand

287

00:13:19,730 --> 00:13:16,080

these outcomes these are supplemented by

288

00:13:21,870 --> 00:13:19,740

dozens of other experiments in other

289

00:13:24,150 --> 00:13:21,880

forms of life such as I've mentioned

290

00:13:27,120 --> 00:13:24,160

growth rates of bacteria and test-tubes

291

00:13:29,280 --> 00:13:27,130

growth rates of tundra and laboratory

292

00:13:33,140 --> 00:13:29,290

discs and so on well let's stick with

293

00:13:35,910 --> 00:13:33,150

the mice or rats first I can what

294

00:13:38,670 --> 00:13:35,920

assuming this is correct that this is

295

00:13:41,610 --> 00:13:38,680

proving to have an impact what would be

296

00:13:44,310 --> 00:13:41,620

the scientific explanation as to what's

297

00:13:47,960 --> 00:13:44,320

going on well I think in order to make

298

00:13:50,070 --> 00:13:47,970

sense of this you have to assume that

299

00:13:52,200 --> 00:13:50,080

consciousness is not confined to

300

00:13:54,780 --> 00:13:52,210

people's minds and this is where I think

301

00:13:56,910 --> 00:13:54,790

the great stumbling block is you the

302

00:13:59,610 --> 00:13:56,920

materialistic notion that we've all been

303

00:14:03,090 --> 00:13:59,620

raised with from high school to college

304

00:14:05,060 --> 00:14:03,100

to postgraduate levels is that

305

00:14:07,560 --> 00:14:05,070

consciousness it's produced by the brain

306

00:14:09,360 --> 00:14:07,570

it's confined to the brain it can't

307

00:14:11,820 --> 00:14:09,370

escape the cranium and make a difference

308

00:14:17,520 --> 00:14:11,830

in the world these studies show that

309

00:14:20,280 --> 00:14:17,530

that is simply not true it is a belief

310

00:14:23,610 --> 00:14:20,290

system that I think is simply untenable

311

00:14:25,410 --> 00:14:23,620

with respect to these studies now could

312

00:14:27,720 --> 00:14:25,420

you a favor could you make sure your mic

313

00:14:30,840 --> 00:14:27,730

hasn't moved at all suddenly the volume

314

00:14:32,760 --> 00:14:30,850

is lower okay I can leave there we go

315

00:14:35,850 --> 00:14:32,770

yeah maybe that's what happened thank

316

00:14:38,790 --> 00:14:35,860

you okay sorry because it's so you know

317

00:14:41,250 --> 00:14:38,800

in dressing well I think it would be the

318

00:14:42,540 --> 00:14:41,260

scientific explanation if we know maybe

319

00:14:44,400 --> 00:14:42,550

we don't have a scientific explanation

320

00:14:46,710 --> 00:14:44,410

yet for it but what would be the

321

00:14:49,140 --> 00:14:46,720

scientific explanation for how someone

322

00:14:52,830 --> 00:14:49,150

thinking positive thoughts about cancer

323

00:14:57,000 --> 00:14:52,840

in a mouse could cure that cancer well I

324

00:14:58,830 --> 00:14:57,010

think that the explanation that is going

325

00:15:00,540 --> 00:14:58,840

to carry the day eventually is that

326

00:15:02,730 --> 00:15:00,550

consciousness is not confined to the

327

00:15:06,530 --> 00:15:02,740

brain it is what researchers are

328

00:15:08,790 --> 00:15:06,540

beginning to call a non-local phenomenon

329

00:15:11,580 --> 00:15:08,800

non-local is just simply a fancy word

330

00:15:14,190 --> 00:15:11,590

for infinite consciousness apparently

331

00:15:16,620 --> 00:15:14,200

has no boundaries to it you can't keep

332

00:15:19,890 --> 00:15:16,630

it locked up inside the brain the

333

00:15:24,270 --> 00:15:19,900

cranium it has a way of acting in the

334

00:15:27,650 --> 00:15:24,280

world the mice experiments that bingston

335

00:15:31,170 --> 00:15:27,660

has been doing are supplemented by a

336

00:15:33,240 --> 00:15:31,180

host of other studies in different life

337

00:15:35,280 --> 00:15:33,250

forms I'm not talking about just one

338

00:15:37,140 --> 00:15:35,290

experimental model here

339

00:15:39,150 --> 00:15:37,150

there have been books have been written

340

00:15:41,520 --> 00:15:39,160

for laypeople to introduce people to

341

00:15:44,940 --> 00:15:41,530

this idea there's non-local actions of

342

00:15:47,970 --> 00:15:44,950

consciousness dean reagan's books could

343

00:15:52,080 --> 00:15:47,980

be conscious universe entangled minds

344

00:15:55,680 --> 00:15:52,090

are two that had become quite popular

345

00:15:57,780 --> 00:15:55,690

and bestsellers my book healing words

346

00:16:02,370 --> 00:15:57,790

was written to introduce people to this

347

00:16:05,160 --> 00:16:02,380

idea in 1993 it sort of broke the ice on

348

00:16:08,150 --> 00:16:05,170

these experiments and since those days

349

00:16:11,340 --> 00:16:08,160

these experiments have multiplied

350

00:16:13,650 --> 00:16:11,350

tremendously but I mean science has been

351
00:16:16,350 --> 00:16:13,660
trying to cure cancer for you know

352
00:16:18,600 --> 00:16:16,360
decades with you know it's starting to

353
00:16:21,240 --> 00:16:18,610
have some success but certainly it's

354
00:16:23,340 --> 00:16:21,250
been very slow and very expensive but

355
00:16:26,370 --> 00:16:23,350
you're suggesting that cancer can be

356
00:16:29,760 --> 00:16:26,380
healed as easily as simply thinking

357
00:16:32,400 --> 00:16:29,770
about positive use sending up positive

358
00:16:34,230 --> 00:16:32,410
thoughts well I want to be careful these

359
00:16:35,640 --> 00:16:34,240
are but these are studies and animals

360
00:16:39,240 --> 00:16:35,650
these studies have not been replicated

361
00:16:42,690 --> 00:16:39,250
in people so this is a starting point I

362
00:16:44,760 --> 00:16:42,700
mean this breaks the ice in many areas

363
00:16:47,640 --> 00:16:44,770

of Medicine we take a sequential

364

00:16:51,210 --> 00:16:47,650

approach to human studies for example

365

00:16:53,550 --> 00:16:51,220

bacteria are subjected to the possible

366

00:16:56,640 --> 00:16:53,560

effects of antibiotics we we do early

367

00:16:59,520 --> 00:16:56,650

Studies on animals and then we up the

368

00:17:01,170 --> 00:16:59,530

ante to finally do studies in human

369

00:17:02,670 --> 00:17:01,180

being so I think that's where we are

370

00:17:05,069 --> 00:17:02,680

right now we know there is a thing in

371

00:17:07,590 --> 00:17:05,079

fact it's consciousness mediated

372

00:17:10,920 --> 00:17:07,600

distance it's not a factor

373

00:17:14,130 --> 00:17:10,930

and these these studies have powerful

374

00:17:15,990 --> 00:17:14,140

outcomes so the next step I think is to

375

00:17:19,069 --> 00:17:16,000

try to replicate these studies than

376

00:17:22,370 --> 00:17:19,079

people now there have been studies using

377

00:17:25,170 --> 00:17:22,380

positive empathic compassionate

378

00:17:26,910 --> 00:17:25,180

attitudes and intentions in people in

379

00:17:29,910 --> 00:17:26,920

coronary care units and that sort of

380

00:17:33,030 --> 00:17:29,920

thing so we do have studies in people

381

00:17:34,590 --> 00:17:33,040

but not in the mammary cancer model that

382

00:17:38,460 --> 00:17:34,600

I've been describing to you that things

383

00:17:43,410 --> 00:17:38,470

to has used but I that's the next deal

384

00:17:47,340 --> 00:17:43,420

so if we are all of one mind what does

385

00:17:48,410 --> 00:17:47,350

that tell us about who we are what we

386

00:17:51,170 --> 00:17:48,420

are

387

00:17:52,310 --> 00:17:51,180

what this is what this is all about yeah

388

00:17:53,980 --> 00:17:52,320

well I think that's where the game

389

00:17:59,360 --> 00:17:53,990

really gets interesting

390

00:18:03,320 --> 00:17:59,370

you know my my profession has prepared

391

00:18:05,030 --> 00:18:03,330

me to really put the emphasis on

392

00:18:08,030 --> 00:18:05,040

practicality I mean what can you do with

393

00:18:10,970 --> 00:18:08,040

this stuff you know and we look toward

394

00:18:13,370 --> 00:18:10,980

healing and better methods of curing

395

00:18:17,720 --> 00:18:13,380

people but I think that's some of the

396

00:18:19,580 --> 00:18:17,730

starting point the word I think we we

397

00:18:22,820 --> 00:18:19,590

wind up with this is a new way of

398

00:18:25,490 --> 00:18:22,830

looking at our destiny and this is the

399

00:18:28,400 --> 00:18:25,500

ultimate idea I try to express in my

400

00:18:30,740 --> 00:18:28,410

book online if there are no boundaries

401
00:18:33,320 --> 00:18:30,750
in space and time for consciousness

402
00:18:37,430 --> 00:18:33,330
which I think the evidence compels us to

403
00:18:41,480 --> 00:18:37,440
entertain then we begin to raise

404
00:18:45,560 --> 00:18:41,490
questions about well so so what what if

405
00:18:48,680 --> 00:18:45,570
the mind is infinite in time what what

406
00:18:52,610 --> 00:18:48,690
if there are no boundaries in time for

407
00:18:56,300 --> 00:18:52,620
consciousness what if consciousness is

408
00:18:59,180 --> 00:18:56,310
infinite in time this leads us directly

409
00:19:01,910 --> 00:18:59,190
to the consideration of immortality for

410
00:19:04,100 --> 00:19:01,920
some aspect of who we are an immortal

411
00:19:06,560 --> 00:19:04,110
mind is an infinite mind in time it is a

412
00:19:08,960 --> 00:19:06,570
bounded in time but it is restricted to

413
00:19:11,780 --> 00:19:08,970

the present moment and so I think that

414

00:19:14,900 --> 00:19:11,790

necessarily spiritual considerations

415

00:19:19,490 --> 00:19:14,910

flow from this evidence pointing toward

416

00:19:22,460 --> 00:19:19,500

non-local consciousness I don't believe

417

00:19:26,150 --> 00:19:22,470

that we can restrict considerations of

418

00:19:29,150 --> 00:19:26,160

non-local infinite mind just to medicine

419

00:19:31,580 --> 00:19:29,160

and health and healing I think it

420

00:19:33,560 --> 00:19:31,590

escapes those attempts at restriction

421

00:19:36,920 --> 00:19:33,570

and this is where I think it yep it's

422

00:19:38,870 --> 00:19:36,930

very fascinating I happen to believe

423

00:19:41,780 --> 00:19:38,880

from my experience as a physician that

424

00:19:44,480 --> 00:19:41,790

the fear of death and annihilation has

425

00:19:45,830 --> 00:19:44,490

probably caused more suffering in the

426

00:19:49,720 --> 00:19:45,840

history of the human race than all the

427

00:19:52,190 --> 00:19:49,730

physical diseases combined because

428

00:19:56,390 --> 00:19:52,200

because people have a fear of death and

429

00:20:01,830 --> 00:19:56,400

annihilation they and they therefore do

430

00:20:04,200 --> 00:20:01,840

what try to denied in various ways

431

00:20:06,210 --> 00:20:04,210

Ernest Becker a Pulitzer prize-winning

432

00:20:09,510 --> 00:20:06,220

book in the 70s called the denial of

433

00:20:13,200 --> 00:20:09,520

death which summarized the ways that

434

00:20:18,120 --> 00:20:13,210

people sort of ignore the obvious which

435

00:20:19,830 --> 00:20:18,130

is that so far everybody dies the the

436

00:20:23,520 --> 00:20:19,840

evidence is pretty compelling nobody

437

00:20:28,170 --> 00:20:23,530

gets out of here alive and so this idea

438

00:20:30,840 --> 00:20:28,180

of nonlocality in time says that there's

439

00:20:32,340 --> 00:20:30,850

another option there's an aspect of

440

00:20:40,320 --> 00:20:32,350

consciousness that couldn't I've had

441

00:20:44,400 --> 00:20:40,330

tried now I think we have a beginning a

442

00:20:47,460 --> 00:20:44,410

beginning way of coming to look at this

443

00:20:50,610 --> 00:20:47,470

in a projective form for example 15

444

00:20:53,280 --> 00:20:50,620

million of Americans now have had what

445

00:20:55,430 --> 00:20:53,290

they call near-death experiences in

446

00:20:59,910 --> 00:20:55,440

which they have a profound sense of

447

00:21:01,920 --> 00:20:59,920

surviving death there are now thousands

448

00:21:04,650 --> 00:21:01,930

of children who have been investigated

449

00:21:05,970 --> 00:21:04,660

by first-rate people like Blake ducky

450

00:21:09,450 --> 00:21:05,980

and Stevenson at the University of

451
00:21:11,880 --> 00:21:09,460
Virginia kids who between the ages of 6

452
00:21:14,760 --> 00:21:11,890
& 9 begin to talk about a previous life

453
00:21:18,150 --> 00:21:14,770
which when it's investigated seems to

454
00:21:20,370 --> 00:21:18,160
bear bear' evidence for and so I think

455
00:21:22,920 --> 00:21:20,380
there are little tags and twists that we

456
00:21:24,660 --> 00:21:22,930
can point to that suggest that we're not

457
00:21:26,610 --> 00:21:24,670
deceiving ourselves when we bring up

458
00:21:29,760 --> 00:21:26,620
this idea of non-local immortal

459
00:21:32,640 --> 00:21:29,770
consciousness I think is a very real

460
00:21:34,800 --> 00:21:32,650
possibility that that we've ignored for

461
00:21:38,220 --> 00:21:34,810
too long but but let me ask you this if

462
00:21:40,860 --> 00:21:38,230
consciousness doesn't die yeah and what

463
00:21:42,150 --> 00:21:40,870

is a near-death experience why would you

464

00:21:44,070 --> 00:21:42,160

have a near-death experience if

465

00:21:46,620 --> 00:21:44,080

consciousness doesn't die well I

466

00:21:48,030 --> 00:21:46,630

emphasize that with a word near none of

467

00:21:51,720 --> 00:21:48,040

these people who come back aren't

468

00:21:54,540 --> 00:21:51,730

actually dead they are resuscitated in

469

00:21:56,460 --> 00:21:54,550

coronary care units and so on I don't

470

00:21:58,680 --> 00:21:56,470

know the answer to that I don't know why

471

00:22:02,460 --> 00:21:58,690

the world is so constructed these people

472

00:22:06,230 --> 00:22:02,470

would experience it's like this maybe

473

00:22:09,060 --> 00:22:06,240

there's some cosmic menacing trickster

474

00:22:11,760 --> 00:22:09,070

that's deceiving people when they come

475

00:22:13,470 --> 00:22:11,770

back with the experiences like this but

476

00:22:15,220 --> 00:22:13,480

I think it's it's becoming increasingly

477

00:22:18,970 --> 00:22:15,230

difficult to eat

478

00:22:21,400 --> 00:22:18,980

or the avalanche of people who have

479

00:22:25,150 --> 00:22:21,410

these experiences 15 million it's not a

480

00:22:26,830 --> 00:22:25,160

small number and it's about five percent

481

00:22:30,480 --> 00:22:26,840

of the American population I think these

482

00:22:33,610 --> 00:22:30,490

people should be taken seriously and and

483

00:22:36,010 --> 00:22:33,620

what what are people the various

484

00:22:38,230 --> 00:22:36,020

religions to think of this let's just

485

00:22:39,880 --> 00:22:38,240

start with Christians who believe that

486

00:22:42,430 --> 00:22:39,890

if you're good you go to heaven if

487

00:22:44,260 --> 00:22:42,440

you're bad you go to hell and so forth

488

00:22:47,440 --> 00:22:44,270

how does a Christian reconcile their

489

00:22:50,049 --> 00:22:47,450

beliefs with this one mind theory well I

490

00:22:53,400 --> 00:22:50,059

think with great difficulty for example

491

00:22:57,250 --> 00:22:53,410

most Christians believe in a hellish

492

00:22:58,659 --> 00:22:57,260

eternal damnation type of scenario for

493

00:23:03,610 --> 00:22:58,669

people who weren't very good on this

494

00:23:05,799 --> 00:23:03,620

side you don't see that in people who

495

00:23:09,210 --> 00:23:05,809

have had near-death experiences that

496

00:23:12,100 --> 00:23:09,220

these horrible scenarios just are

497

00:23:14,440 --> 00:23:12,110

extremely rare I had an opportunity to

498

00:23:17,260 --> 00:23:14,450

talk to the leader of this investigative

499

00:23:19,560 --> 00:23:17,270

effort Aki and Stevenson about whether

500

00:23:23,590 --> 00:23:19,570

or not people come back with these

501
00:23:26,980 --> 00:23:23,600
horrible experiences and he said we

502
00:23:29,289 --> 00:23:26,990
don't see that so I I'm saying that

503
00:23:30,640 --> 00:23:29,299
there may be some considerable revisions

504
00:23:35,020 --> 00:23:30,650
that are in store for some of the

505
00:23:38,080 --> 00:23:35,030
leading religions of the day here and I

506
00:23:39,880 --> 00:23:38,090
think that would not be a bad thing but

507
00:23:41,169 --> 00:23:39,890
that's what Christians say the reason

508
00:23:43,750 --> 00:23:41,179
that you have to be good to other people

509
00:23:46,690 --> 00:23:43,760
otherwise you're gonna go to hell so if

510
00:23:47,919 --> 00:23:46,700
there's no hell than our people not

511
00:23:50,110 --> 00:23:47,929
going to be good to each other anymore

512
00:23:53,680 --> 00:23:50,120
yeah well I would debate that I think

513
00:23:56,049 --> 00:23:53,690

one of the reasons that people can find

514

00:23:57,700 --> 00:23:56,059

to be kind and compassionate empathic

515

00:24:02,039 --> 00:23:57,710

with other people is that they're

516

00:24:04,840 --> 00:24:02,049

connected with them and I think that's a

517

00:24:07,539 --> 00:24:04,850

more powerful potential motivator for

518

00:24:10,600 --> 00:24:07,549

goodness for good behavior on this side

519

00:24:13,150 --> 00:24:10,610

then threats of damnation in hell yeah

520

00:24:17,049 --> 00:24:13,160

well for all one then that certainly is

521

00:24:19,870 --> 00:24:17,059

a reason I also would posit that the

522

00:24:22,240 --> 00:24:19,880

golden rule provides that to be good to

523

00:24:25,090 --> 00:24:22,250

others treat others as you would want

524

00:24:28,270 --> 00:24:25,100

them do to you I guess then it begs the

525

00:24:29,120 --> 00:24:28,280

question well why why why treat others

526

00:24:31,010 --> 00:24:29,130

as you would want to

527

00:24:33,320 --> 00:24:31,020

treated and I think that there's an

528

00:24:36,320 --> 00:24:33,330

evolutionary explanation for that that

529

00:24:39,020 --> 00:24:36,330

through evolving people realize that hey

530

00:24:44,480 --> 00:24:39,030

wait a minute if I only act in my naked

531

00:24:46,330 --> 00:24:44,490

self self-interest that doesn't work

532

00:24:49,370 --> 00:24:46,340

very well

533

00:24:51,290 --> 00:24:49,380

Society works better if we all get along

534

00:24:53,630 --> 00:24:51,300

and we work together and that we've

535

00:24:56,360 --> 00:24:53,640

realized that through evolution that you

536

00:24:57,680 --> 00:24:56,370

know if people were only acting in their

537

00:25:00,860 --> 00:24:57,690

naked self-interest that we would

538

00:25:03,470 --> 00:25:00,870

destroy ourselves so the golden rule has

539

00:25:06,200 --> 00:25:03,480

come about and people do treat the

540

00:25:08,780 --> 00:25:06,210

concepts of love and and caring for

541

00:25:12,890 --> 00:25:08,790

others has developed through natural

542

00:25:15,230 --> 00:25:12,900

evolution yes well I think the argument

543

00:25:19,360 --> 00:25:15,240

is good as far as it goes but I think

544

00:25:25,070 --> 00:25:19,370

it's sort of fizzle out in terms of its

545

00:25:27,380 --> 00:25:25,080

evolutionary value for example I believe

546

00:25:30,610 --> 00:25:27,390

that if people had some sense of unity

547

00:25:33,650 --> 00:25:30,620

and connectedness with other life-forms

548

00:25:38,420 --> 00:25:33,660

on the planet we would not be in the

549

00:25:40,040 --> 00:25:38,430

position we're in these days of the

550

00:25:44,890 --> 00:25:40,050

problems that we just can't run away

551
00:25:49,730 --> 00:25:44,900
from such as species decline such as

552
00:25:53,870 --> 00:25:49,740
climate catastrophe such as the

553
00:25:56,660 --> 00:25:53,880
declining population of mammals across

554
00:26:02,360 --> 00:25:56,670
the play I would argue that the golden

555
00:26:04,280 --> 00:26:02,370
rule has not done us a favor but how do

556
00:26:07,310 --> 00:26:04,290
you explain all of these people in

557
00:26:09,140 --> 00:26:07,320
groups that do want to protect these

558
00:26:10,970 --> 00:26:09,150
animals and all the measures that are in

559
00:26:13,310 --> 00:26:10,980
place you know there's been a lot of

560
00:26:15,560 --> 00:26:13,320
species that almost went extinct and

561
00:26:17,690 --> 00:26:15,570
then we've saved them and man got

562
00:26:19,840 --> 00:26:17,700
together and saved them I mean why did

563
00:26:22,430 --> 00:26:19,850

man do that well I think that that's

564

00:26:25,340 --> 00:26:22,440

good as far as it goes but I think

565

00:26:27,260 --> 00:26:25,350

that's a scenario for the survival of

566

00:26:30,950 --> 00:26:27,270

life on this planet is not as rosy as

567

00:26:32,570 --> 00:26:30,960

you might believe I think that if we had

568

00:26:34,700 --> 00:26:32,580

carried the golden rule to it's

569

00:26:39,680 --> 00:26:34,710

conceivable limits that we wouldn't be

570

00:26:41,960 --> 00:26:39,690

in better shape than where I am just

571

00:26:43,070 --> 00:26:41,970

from a medical standpoint we are looking

572

00:26:45,690 --> 00:26:43,080

at

573

00:26:48,960 --> 00:26:45,700

predictable disasters for the way we

574

00:26:51,030 --> 00:26:48,970

have managed mismanaged the climate with

575

00:26:53,490 --> 00:26:51,040

increasing tropical diseases that are

576
00:26:56,940 --> 00:26:53,500
creeping up the United States borders I

577
00:27:00,780 --> 00:26:56,950
would argue that that we could have done

578
00:27:02,730 --> 00:27:00,790
a lot better if we had had a greater

579
00:27:05,820 --> 00:27:02,740
sense of responsibility not just to

580
00:27:09,270 --> 00:27:05,830
other people but for all of sentient

581
00:27:11,640 --> 00:27:09,280
life and I think that we're paying a

582
00:27:13,380 --> 00:27:11,650
price for that now because we haven't

583
00:27:15,660 --> 00:27:13,390
cared the golden rule is far as it could

584
00:27:17,880 --> 00:27:15,670
go and I would argue that a sense of

585
00:27:22,080 --> 00:27:17,890
oneness and identity with other living

586
00:27:24,090 --> 00:27:22,090
things it's potentially a much more

587
00:27:27,830 --> 00:27:24,100
effective way preserving life on this

588
00:27:32,970 --> 00:27:27,840

planet including saving our own butts

589

00:27:35,040 --> 00:27:32,980

you have an identical twin I do

590

00:27:40,170 --> 00:27:35,050

tell me about that and what you've

591

00:27:42,990 --> 00:27:40,180

learned from from that well I became

592

00:27:44,810 --> 00:27:43,000

interested in twin stuff which is what

593

00:27:47,580 --> 00:27:44,820

my brother and I used to call these

594

00:27:50,220 --> 00:27:47,590

experiences we had as identical twins

595

00:27:51,720 --> 00:27:50,230

growing up a few years ago when people

596

00:27:54,420 --> 00:27:51,730

began to talk about something called

597

00:27:58,230 --> 00:27:54,430

telescope Mattie experiences between

598

00:28:02,480 --> 00:27:58,240

identical not all twins experience it's

599

00:28:05,790 --> 00:28:02,490

about 20 or 30% identical twins have

600

00:28:08,540 --> 00:28:05,800

experiences that are identical even

601
00:28:12,750 --> 00:28:08,550
though they're far apart they can help

602
00:28:15,270 --> 00:28:12,760
physical symptoms that occur

603
00:28:17,370 --> 00:28:15,280
simultaneously although they are not in

604
00:28:18,590 --> 00:28:17,380
sensory contact my brother and I used to

605
00:28:22,050 --> 00:28:18,600
have these things all of the time

606
00:28:23,250 --> 00:28:22,060
growing up we didn't we didn't know that

607
00:28:25,710 --> 00:28:23,260
there was anything heretical or

608
00:28:27,480 --> 00:28:25,720
blasphemous about this we didn't know we

609
00:28:30,510 --> 00:28:27,490
weren't supposed to have those things

610
00:28:36,320 --> 00:28:30,520
and we just called it twins stuff now

611
00:28:39,810 --> 00:28:36,330
there are books detailing these strange

612
00:28:42,180 --> 00:28:39,820
occurrences in detail for example one

613
00:28:44,370 --> 00:28:42,190

example that I write about our twin

614

00:28:47,280 --> 00:28:44,380

girls four years old four year old twin

615

00:28:50,580 --> 00:28:47,290

girls in Spain who several kilometres

616

00:28:52,710 --> 00:28:50,590

apart had an identical phenomenon when

617

00:28:54,890 --> 00:28:52,720

one touched a red-hot iron and erupted

618

00:28:56,760 --> 00:28:54,900

and a second-degree burn the other

619

00:28:59,190 --> 00:28:56,770

several kilometers of

620

00:29:01,740 --> 00:28:59,200

a erupted in the second degree burn on

621

00:29:05,640 --> 00:29:01,750

the same hand on the same pattern this

622

00:29:08,280 --> 00:29:05,650

is one of the strange events which are

623

00:29:10,530 --> 00:29:08,290

not uncommon in twins and which by the

624

00:29:13,410 --> 00:29:10,540

way offer indirect evidence see we're

625

00:29:15,890 --> 00:29:13,420

all connected in some strange way via

626

00:29:19,730 --> 00:29:15,900

consciousness and you see this

627

00:29:22,380 --> 00:29:19,740

dramatically in twins not just in twins

628

00:29:25,880 --> 00:29:22,390

the common denominator is people who

629

00:29:29,790 --> 00:29:25,890

were closely intimately related

630

00:29:32,550 --> 00:29:29,800

emotionally lovers parents and children

631

00:29:36,080 --> 00:29:32,560

and so on frequently have these

632

00:29:38,660 --> 00:29:36,090

experiences and they're just

633

00:29:40,880 --> 00:29:38,670

mind-boggling there's no waste

634

00:29:42,980 --> 00:29:40,890

physically that you can deposit

635

00:29:47,880 --> 00:29:42,990

transmission of any kind of signal

636

00:29:50,970 --> 00:29:47,890

between one or the other so this is one

637

00:29:52,230 --> 00:29:50,980

of the jaw-dropping experiences that

638

00:29:55,260 --> 00:29:52,240

I've personally been involved with

639

00:29:57,390 --> 00:29:55,270

suggesting that we're we related to via

640

00:30:01,230 --> 00:29:57,400

consciousness what it what have you had

641

00:30:03,600 --> 00:30:01,240

with your own brother bruises injuries

642

00:30:09,360 --> 00:30:03,610

that occur at the same time in the same

643

00:30:10,830 --> 00:30:09,370

place I don't mention thoughts we we

644

00:30:12,720 --> 00:30:10,840

have a way of reading your other's minds

645

00:30:15,780 --> 00:30:12,730

but this could just be psychology you

646

00:30:17,970 --> 00:30:15,790

know creaking creeping it out into

647

00:30:19,800 --> 00:30:17,980

public this way but for me the physical

648

00:30:22,590 --> 00:30:19,810

symptoms that have been recorded many

649

00:30:25,020 --> 00:30:22,600

many times in books such as twin

650

00:30:27,450 --> 00:30:25,030

telepathy buy-guy play fair and people

651
00:30:29,940 --> 00:30:27,460
want to look at some literary source

652
00:30:32,670 --> 00:30:29,950
that goes into these things I'll tell

653
00:30:36,510 --> 00:30:32,680
you it's mind-boggling it's it puts this

654
00:30:39,900 --> 00:30:36,520
idea a connecting link that defies

655
00:30:43,620 --> 00:30:39,910
spatial separation right in your face I

656
00:30:45,780 --> 00:30:43,630
don't know how to explain this I think

657
00:30:48,090 --> 00:30:45,790
there is no explanation except deposited

658
00:30:52,260 --> 00:30:48,100
there is some non-local connection

659
00:30:57,560 --> 00:30:52,270
between us that just shakes its fist and

660
00:31:02,220 --> 00:30:57,570
in temporal and spatial dislocations so

661
00:31:05,430 --> 00:31:02,230
because one mind extend to life beyond

662
00:31:07,220 --> 00:31:05,440
Earth what we haven't tested that yet

663
00:31:09,270 --> 00:31:07,230

have we

664

00:31:10,590 --> 00:31:09,280

well there seems to be a lot of things

665

00:31:13,470 --> 00:31:10,600

buzzing around in the air that

666

00:31:16,529 --> 00:31:13,480

days Edgar Mitchell who was the sixth

667

00:31:20,130 --> 00:31:16,539

man to walk on the moon did an

668

00:31:23,520 --> 00:31:20,140

experiment on his return from the moon

669

00:31:25,409 --> 00:31:23,530

he had a Confederate eye in some city in

670

00:31:28,070 --> 00:31:25,419

the United States where he did a

671

00:31:32,570 --> 00:31:28,080

telephony experiment and the guy in the

672

00:31:37,169 --> 00:31:32,580

earth several thousand miles away

673

00:31:39,450 --> 00:31:37,179

Mitchell being in outer space the

674

00:31:42,659 --> 00:31:39,460

individuals that he was conveying the

675

00:31:44,149 --> 00:31:42,669

message to get the message in detail as

676

00:31:45,990 --> 00:31:44,159

far as I know this is the only

677

00:31:49,649 --> 00:31:46,000

experiment that's ever been attempted

678

00:31:51,480 --> 00:31:49,659

from outer space then it was positive it

679

00:31:54,630 --> 00:31:51,490

was positive well yeah what was the

680

00:31:57,149 --> 00:31:54,640

experiment do you remember it was at the

681

00:32:00,600 --> 00:31:57,159

conveying of some complex message I'm

682

00:32:03,000 --> 00:32:00,610

not sure what it was he I think he goes

683

00:32:05,340 --> 00:32:03,010

into this in some detail and his book

684

00:32:08,279 --> 00:32:05,350

about his experience is called the way

685

00:32:09,840 --> 00:32:08,289

of the Explorer listening why would he

686

00:32:11,310 --> 00:32:09,850

choose sorry why would he choose to do

687

00:32:13,140 --> 00:32:11,320

that from the moon it seems like a hard

688

00:32:14,730 --> 00:32:13,150

enough thing to do in the same room let

689

00:32:16,820 --> 00:32:14,740

alone doing it from the moon what was he

690

00:32:20,549 --> 00:32:16,830

thinking that perhaps if some way maybe

691

00:32:24,930 --> 00:32:20,559

easier being out in space I think he

692

00:32:29,250 --> 00:32:24,940

wanted to see if space and special

693

00:32:32,730 --> 00:32:29,260

separation could inhibit this this

694

00:32:35,930 --> 00:32:32,740

signal or not he was a very

695

00:32:38,549 --> 00:32:35,940

contemplative man about paranormal

696

00:32:43,700 --> 00:32:38,559

events you may know that when he got

697

00:32:46,919 --> 00:32:43,710

back to earth he was so convinced about

698

00:32:49,770 --> 00:32:46,929

the unitary aspects of consciousness

699

00:32:54,980 --> 00:32:49,780

that he had established the Institute of

700

00:32:58,289 --> 00:32:54,990

noetic Sciences which is alive and well

701
00:33:00,480 --> 00:32:58,299
still pursuing these sorts of events and

702
00:33:03,120 --> 00:33:00,490
so he was just a curious fellow about

703
00:33:05,820 --> 00:33:03,130
how consciousness worked so we did a

704
00:33:08,789 --> 00:33:05,830
great interview with anusha ansari who

705
00:33:12,750 --> 00:33:08,799
was the first female tourist in space

706
00:33:14,100 --> 00:33:12,760
first muslim woman in space and she did

707
00:33:17,070 --> 00:33:14,110
speak about something that i know you

708
00:33:20,430 --> 00:33:17,080
write about which is that people

709
00:33:24,420 --> 00:33:20,440
returning from space seemed to have a

710
00:33:28,050 --> 00:33:24,430
different view about life on Earth

711
00:33:30,290 --> 00:33:28,060
and seem to view us all as one when you

712
00:33:35,010 --> 00:33:30,300
view the earth from a distance like that

713
00:33:39,600 --> 00:33:35,020

the borders disappear and you look at

714

00:33:42,390 --> 00:33:39,610

earth as your home not your city as your

715

00:33:44,780 --> 00:33:42,400

home well that's certainly true this has

716

00:33:48,690 --> 00:33:44,790

been called the overview effect by

717

00:33:51,240 --> 00:33:48,700

several astronauts and actually it isn't

718

00:33:53,970 --> 00:33:51,250

limited to American astronauts Russian

719

00:33:57,240 --> 00:33:53,980

cosmonauts have described precisely the

720

00:33:58,980 --> 00:33:57,250

same sensation from outer space looking

721

00:34:02,420 --> 00:33:58,990

toward the earth where you can't see any

722

00:34:06,050 --> 00:34:02,430

boundaries between nations I think the

723

00:34:10,020 --> 00:34:06,060

only man-made objects that is even

724

00:34:11,280 --> 00:34:10,030

remotely visible from the moon is the

725

00:34:17,130 --> 00:34:11,290

Great Wall of China

726

00:34:18,800 --> 00:34:17,140

in places but otherwise this little blue

727

00:34:20,070 --> 00:34:18,810

dot doesn't seem to have many

728

00:34:22,320 --> 00:34:20,080

separations

729

00:34:24,000 --> 00:34:22,330

yeah well it's getting cheaper and

730

00:34:26,389 --> 00:34:24,010

cheaper to go into space I think she

731

00:34:29,790 --> 00:34:26,399

paid a couple hundred thousand dollars

732

00:34:32,490 --> 00:34:29,800

but it's getting down to I think for

733

00:34:36,149 --> 00:34:32,500

twenty thousand dollars now I think that

734

00:34:39,240 --> 00:34:36,159

you can go into low orbit through I

735

00:34:42,320 --> 00:34:39,250

think it's Virgin Galactic so maybe has

736

00:34:46,770 --> 00:34:42,330

more people as more people do that maybe

737

00:34:48,240 --> 00:34:46,780

your your belief will will grow well it

738

00:34:50,880 --> 00:34:48,250

might you sound like you're interested

739

00:34:52,980 --> 00:34:50,890

in going out into space yourself I would

740

00:34:55,860 --> 00:34:52,990

I need the price to come down a little

741

00:34:59,780 --> 00:34:55,870

bit further but when I can buy it on

742

00:35:04,860 --> 00:34:59,790

Expedia and earn and earn points I

743

00:35:07,500 --> 00:35:04,870

definitely now for that what about one

744

00:35:10,380 --> 00:35:07,510

mind when it comes to animals are

745

00:35:13,320 --> 00:35:10,390

animals do you believe that all humans

746

00:35:15,780 --> 00:35:13,330

are of one mind is that unique to humans

747

00:35:18,680 --> 00:35:15,790

and humans have one mind and dogs have

748

00:35:22,530 --> 00:35:18,690

another or is it all lumped together

749

00:35:25,230 --> 00:35:22,540

well I think animals certainly have

750

00:35:27,420 --> 00:35:25,240

something that looks like one line if

751

00:35:29,610 --> 00:35:27,430

you look at the behavior of flocks of

752

00:35:32,430 --> 00:35:29,620

birds and schools of fish and herds of

753

00:35:35,340 --> 00:35:32,440

animals what you see is simultaneous

754

00:35:38,010 --> 00:35:35,350

behavior involving sometimes thousands

755

00:35:40,680 --> 00:35:38,020

of specimens that is very very difficult

756

00:35:41,970 --> 00:35:40,690

to explain in any other way than some

757

00:35:45,120 --> 00:35:41,980

sort of collective consciousness

758

00:35:46,530 --> 00:35:45,130

involving the whole group the person who

759

00:35:48,420 --> 00:35:46,540

would study this most carefully I

760

00:35:52,890 --> 00:35:48,430

suppose is Sir Rupert childerik a

761

00:35:56,700 --> 00:35:52,900

biologist in England who has videoed

762

00:36:00,360 --> 00:35:56,710

dogs whose owners are returning from a

763

00:36:00,870 --> 00:36:00,370

great distance when they began to return

764

00:36:04,800 --> 00:36:00,880

home

765

00:36:09,990 --> 00:36:04,810

the dogs seemed to perk up they seemed

766

00:36:12,720 --> 00:36:10,000

more attentive and this has been written

767

00:36:15,390 --> 00:36:12,730

up in great detail by childerik and I

768

00:36:16,980 --> 00:36:15,400

think it's a good starting point of

769

00:36:20,100 --> 00:36:16,990

looking at commonalities of

770

00:36:22,950 --> 00:36:20,110

consciousness in animals and humans you

771

00:36:24,360 --> 00:36:22,960

know you see also expressions of

772

00:36:27,420 --> 00:36:24,370

behavior and animals that would be

773

00:36:29,970 --> 00:36:27,430

difficult to explain in any other way I

774

00:36:34,170 --> 00:36:29,980

think what I've written about is how

775

00:36:37,260 --> 00:36:34,180

animals sometimes rescue humans they

776

00:36:38,880 --> 00:36:37,270

rescue other animals what you see is

777

00:36:41,190 --> 00:36:38,890

this rescuing behavior and every

778

00:36:42,990 --> 00:36:41,200

possible combination and I think

779

00:36:44,850 --> 00:36:43,000

probably this is an indirect evidence

780

00:36:50,100 --> 00:36:44,860

that when we share a consciousness with

781

00:36:51,750 --> 00:36:50,110

animals well it seems that birds and

782

00:36:54,300 --> 00:36:51,760

fish I mean there's I don't know what is

783

00:36:56,970 --> 00:36:54,310

it sonic waves that that's perhaps

784

00:36:58,980 --> 00:36:56,980

whales are picking up in water and and

785

00:37:01,530 --> 00:36:58,990

birds are picking up certain frequencies

786

00:37:04,580 --> 00:37:01,540

as if I mean dogs here are things that

787

00:37:06,840 --> 00:37:04,590

we don't hear so it seems that there's

788

00:37:09,090 --> 00:37:06,850

frequencies out there energies I know

789

00:37:11,580 --> 00:37:09,100

how you would describe it that animals

790

00:37:13,950 --> 00:37:11,590

pick up that that humans don't yeah I

791

00:37:17,160 --> 00:37:13,960

think that's right in certain situations

792

00:37:20,580 --> 00:37:17,170

however people have looked at the

793

00:37:22,770 --> 00:37:20,590

ability of sonic waves and

794

00:37:25,860 --> 00:37:22,780

electromagnetic transmissions to explain

795

00:37:28,740 --> 00:37:25,870

this simultaneous behavior and now he's

796

00:37:32,240 --> 00:37:28,750

flocks of birds and and schools of fish

797

00:37:37,250 --> 00:37:32,250

and it's really difficult to explain how

798

00:37:40,740 --> 00:37:37,260

these distant biological entities can

799

00:37:43,560 --> 00:37:40,750

respond simultaneously by just

800

00:37:45,960 --> 00:37:43,570

postulating an electromagnetic

801
00:37:48,870 --> 00:37:45,970
transmission this has been a hot topic

802
00:37:51,090 --> 00:37:48,880
in years past and ethologist who study

803
00:37:51,750 --> 00:37:51,100
animal behavior and I'm not saying that

804
00:37:54,450 --> 00:37:51,760
history's

805
00:37:56,670 --> 00:37:54,460
but I think there's room to consider

806
00:38:00,720 --> 00:37:56,680
putting a one-line phenomenon on the

807
00:38:03,300 --> 00:38:00,730
table so people attempt to explain it

808
00:38:05,010 --> 00:38:03,310
through known science you're saying that

809
00:38:08,250 --> 00:38:05,020
you don't think it's completely

810
00:38:10,920 --> 00:38:08,260
explained by known science well to the

811
00:38:14,480 --> 00:38:10,930
extent that I'm sorry go ahead yeah well

812
00:38:19,230 --> 00:38:14,490
so I was just gonna ask is one mind

813
00:38:23,400 --> 00:38:19,240

science well it's a it's only competes

814

00:38:26,550 --> 00:38:23,410

with similar science in other areas for

815

00:38:28,710 --> 00:38:26,560

example this idea of non-local mind is

816

00:38:32,460 --> 00:38:28,720

not a phenomenon that's limited to

817

00:38:35,970 --> 00:38:32,470

people who have these discs simultaneous

818

00:38:39,300 --> 00:38:35,980

experiences nonlocality is a concept

819

00:38:41,970 --> 00:38:39,310

which arose in physics fundamental

820

00:38:43,680 --> 00:38:41,980

particle physics and people have heard

821

00:38:46,800 --> 00:38:43,690

of things like Bell's Theorem which

822

00:38:50,460 --> 00:38:46,810

shows that a two electrons are in

823

00:38:52,020 --> 00:38:50,470

contact and then you separate them even

824

00:38:54,870 --> 00:38:52,030

theoretically to the ends of the

825

00:38:57,329 --> 00:38:54,880

universe and you change one the other

826

00:39:02,190 --> 00:38:57,339

changes instantly and to the same degree

827

00:39:03,420 --> 00:39:02,200

now nobody knows how that works so it is

828

00:39:05,730 --> 00:39:03,430

true that we don't know how these

829

00:39:07,710 --> 00:39:05,740

non-local consciousness mediated

830

00:39:09,569 --> 00:39:07,720

experiences work in humanity

831

00:39:12,240 --> 00:39:09,579

but I have to say we shouldn't be too

832

00:39:15,980 --> 00:39:12,250

hard on human experiments because the

833

00:39:18,750 --> 00:39:15,990

physicists who represent the most

834

00:39:21,329 --> 00:39:18,760

accurate science that has ever been

835

00:39:23,910 --> 00:39:21,339

invented by people they are also at a

836

00:39:28,319 --> 00:39:23,920

loss to explain how non-local events

837

00:39:31,680 --> 00:39:28,329

occur in particle physics so if it's

838

00:39:34,800 --> 00:39:31,690

unknown how this happens among

839

00:39:39,520 --> 00:39:34,810

physicists I think it's okay for us to

840

00:39:40,690 --> 00:39:39,530

sort of give ourselves permission

841

00:39:42,580 --> 00:39:40,700

just say wait a minute we don't

842

00:39:45,130 --> 00:39:42,590

understand how this works but maybe we

843

00:39:47,470 --> 00:39:45,140

will in the future and what is your

844

00:39:49,810 --> 00:39:47,480

theory about it is your theory that

845

00:39:52,510 --> 00:39:49,820

ultimately there will be a scientific

846

00:39:55,240 --> 00:39:52,520

explanation for this and we just don't

847

00:39:59,260 --> 00:39:55,250

know it yet or that this is beyond

848

00:40:00,910 --> 00:39:59,270

science this is spirituality well I

849

00:40:04,690 --> 00:40:00,920

don't know the answer to that I think

850

00:40:07,540 --> 00:40:04,700

that we're we're at school and our

851
00:40:09,070 --> 00:40:07,550
ability to understand how space and time

852
00:40:12,430 --> 00:40:09,080
operate and I think that there are

853
00:40:15,520 --> 00:40:12,440
mysteries about house spatial separation

854
00:40:17,470 --> 00:40:15,530
can actually be understood I think it's

855
00:40:20,500 --> 00:40:17,480
safe to say now that we're deceived by

856
00:40:22,120 --> 00:40:20,510
spatial separation things can be united

857
00:40:23,470 --> 00:40:22,130
even though they're at a distance this

858
00:40:26,230 --> 00:40:23,480
is the heart of the message of

859
00:40:28,690 --> 00:40:26,240
nonlocality and physics so whether or

860
00:40:32,500 --> 00:40:28,700
not we will come to a rational logical

861
00:40:34,240 --> 00:40:32,510
explanation I don't know maybe we're

862
00:40:38,800 --> 00:40:34,250
going to have to change what the meaning

863
00:40:41,290 --> 00:40:38,810

of logic actually is but it's certainly

864

00:40:44,430 --> 00:40:41,300

wonderful to be alive and contemplating

865

00:40:49,600 --> 00:40:44,440

these things now and I'm not at all

866

00:40:52,930 --> 00:40:49,610

disheartened by what we understand in

867

00:40:55,150 --> 00:40:52,940

future I think err err imperative now is

868

00:40:56,950 --> 00:40:55,160

to go with the evidence not to discard

869

00:41:00,520 --> 00:40:56,960

evidence because it doesn't fit with

870

00:41:02,320 --> 00:41:00,530

their theories but to actually honor the

871

00:41:04,710 --> 00:41:02,330

evidence and try to reason how these

872

00:41:06,670 --> 00:41:04,720

things could be true how about

873

00:41:09,490 --> 00:41:06,680

premonitions what would be the

874

00:41:11,110 --> 00:41:09,500

explanation for this because I know you

875

00:41:12,760 --> 00:41:11,120

I know you believe in those pretty

876

00:41:14,440 --> 00:41:12,770

strongly right yeah people can

877

00:41:16,690 --> 00:41:14,450

understand what's going to happen in the

878

00:41:21,370 --> 00:41:16,700

future they can have premonitions about

879

00:41:26,040 --> 00:41:21,380

what's happening at a distance but a lot

880

00:41:30,420 --> 00:41:26,050

of times they're wrong yes that's right

881

00:41:32,860 --> 00:41:30,430

error rate in premonitions premonitions

882

00:41:36,100 --> 00:41:32,870

comes from the word pre in mul nari

883

00:41:40,240 --> 00:41:36,110

which means a forewarning which suggests

884

00:41:42,700 --> 00:41:40,250

a lot of these things happen before word

885

00:41:48,220 --> 00:41:42,710

horrible things happen to us we see bad

886

00:41:51,250 --> 00:41:48,230

stuff coming and you invoke see the

887

00:41:53,359 --> 00:41:51,260

evolutionary advantage of this sort of

888

00:41:55,579 --> 00:41:53,369

thing and I think

889

00:41:57,200 --> 00:41:55,589

you can understand premonitions in the

890

00:41:58,969 --> 00:41:57,210

same sense I think there's a huge

891

00:42:02,239 --> 00:41:58,979

evolutionary advantage to people who

892

00:42:04,849 --> 00:42:02,249

could see disasters the lion and the

893

00:42:08,329 --> 00:42:04,859

bush that sort of thing that made do you

894

00:42:11,329 --> 00:42:08,339

and it would be evolutionarily helpful

895

00:42:13,640 --> 00:42:11,339

to know about an ending danger before it

896

00:42:15,769 --> 00:42:13,650

happened so I think this is a good case

897

00:42:19,279 --> 00:42:15,779

to be made that premonitions fit and

898

00:42:21,140 --> 00:42:19,289

evolutionary model but as far as

899

00:42:22,870 --> 00:42:21,150

scientific explanations for it not

900

00:42:29,059 --> 00:42:22,880

nothing yet huh

901
00:42:32,269 --> 00:42:29,069
non-local 9 non-local mind mind that is

902
00:42:34,729 --> 00:42:32,279
not confined to specific points in space

903
00:42:38,059 --> 00:42:34,739
and certainly indication through nations

904
00:42:41,209 --> 00:42:38,069
not confined to specific points in time

905
00:42:42,799 --> 00:42:41,219
either so mine can be non-local in one

906
00:42:46,459 --> 00:42:42,809
of two ways it could be down local in

907
00:42:48,890 --> 00:42:46,469
space or time or both I think that's the

908
00:42:51,019 --> 00:42:48,900
model that we're headed toward not all

909
00:42:53,329 --> 00:42:51,029
the way around it and and in your view

910
00:42:56,989 --> 00:42:53,339
as we said the mind survives the death

911
00:43:01,549 --> 00:42:56,999
of the body yeah I think that's the the

912
00:43:04,299 --> 00:43:01,559
ultimate payoff here I think that that's

913
00:43:08,769 --> 00:43:04,309

a lesson which fits a spiritual

914

00:43:10,969 --> 00:43:08,779

connotation but also it's borne out in

915

00:43:13,459 --> 00:43:10,979

stories that people with non-local

916

00:43:15,289 --> 00:43:13,469

experiences in the near-death area and

917

00:43:18,499 --> 00:43:15,299

children who remember past lives and so

918

00:43:20,870 --> 00:43:18,509

on so I don't think it's a stretch to

919

00:43:23,029 --> 00:43:20,880

say that immortality comes out of the

920

00:43:27,049 --> 00:43:23,039

idea of non-local mind I think it fits

921

00:43:32,569 --> 00:43:27,059

with it and what do you say about the

922

00:43:35,779 --> 00:43:32,579

existence of God God God well I think

923

00:43:38,420 --> 00:43:35,789

you know my way of my favorite

924

00:43:41,359 --> 00:43:38,430

terminology has to do with the universal

925

00:43:43,279 --> 00:43:41,369

mind Universal wisdom it cost me

926
00:43:45,349 --> 00:43:43,289
consciousness something of that sort I

927
00:43:47,900 --> 00:43:45,359
grew up like a lot of people in the

928
00:43:49,670 --> 00:43:47,910
United States with the idea of a bearded

929
00:43:53,209 --> 00:43:49,680
character in a long flowing robe that

930
00:43:55,519 --> 00:43:53,219
just doesn't work for me anymore but I I

931
00:43:57,680 --> 00:43:55,529
think there is a great Universal wisdom

932
00:44:00,979 --> 00:43:57,690
that we may not be able to comprehend

933
00:44:04,219 --> 00:44:00,989
that what of all this stuff including

934
00:44:05,839 --> 00:44:04,229
the cosmos than universes at large I

935
00:44:11,329 --> 00:44:05,849
don't think it's an accident

936
00:44:14,029 --> 00:44:11,339
so there's a there's a creator yeah I

937
00:44:16,579 --> 00:44:14,039
think it probably there was probably a

938
00:44:19,789 --> 00:44:16,589

beginning and I think that fits with the

939

00:44:26,630 --> 00:44:19,799

concept of the creator but what that

940

00:44:29,029 --> 00:44:26,640

creator is up to now no idea home yeah I

941

00:44:31,699 --> 00:44:29,039

think the universe is benevolent I think

942

00:44:34,599 --> 00:44:31,709

that's what the Creator is up to I think

943

00:44:40,609 --> 00:44:34,609

we have a sense of this and people who

944

00:44:42,739 --> 00:44:40,619

experience near-death phenomenon most of

945

00:44:45,859 --> 00:44:42,749

them return and say that that was the

946

00:44:48,109 --> 00:44:45,869

most transformative joyful experience

947

00:44:53,599 --> 00:44:48,119

that they have not only had in their

948

00:44:56,870 --> 00:44:53,609

life but that they could conceive so I I

949

00:44:58,339 --> 00:44:56,880

don't brush these off it's fantasies

950

00:45:00,829 --> 00:44:58,349

there are hallucinations at all I think

951
00:45:03,380 --> 00:45:00,839
they're probably a valid insight to the

952
00:45:05,809 --> 00:45:03,390
way the universe works so what changes

953
00:45:10,400 --> 00:45:05,819
would you like to see when it comes to

954
00:45:14,329 --> 00:45:10,410
science as far as teaching you know med

955
00:45:17,509 --> 00:45:14,339
schools for instance insider oh yeah I

956
00:45:19,999 --> 00:45:17,519
would like to see this body of evidence

957
00:45:24,049 --> 00:45:20,009
that you and I have been talking about

958
00:45:27,410 --> 00:45:24,059
here put on the menu the curriculum and

959
00:45:29,509 --> 00:45:27,420
our medical schools and Eric colleges

960
00:45:31,279 --> 00:45:29,519
and universities you know most kids go

961
00:45:32,930 --> 00:45:31,289
through college and university even

962
00:45:35,959 --> 00:45:32,940
medical school and coming out with a

963
00:45:41,749 --> 00:45:35,969

very materialistic view of how things

964

00:45:43,999 --> 00:45:41,759

work they are often on taught that if

965

00:45:47,479 --> 00:45:44,009

you go beyond materialism you're just on

966

00:45:49,370 --> 00:45:47,489

thin ice I would like to see this kind

967

00:45:50,569 --> 00:45:49,380

of information these kinds of

968

00:45:55,459 --> 00:45:50,579

experiments and you and I have been

969

00:45:57,259 --> 00:45:55,469

talking about made part of the menu so I

970

00:46:00,439 --> 00:45:57,269

would just say what we need to do is

971

00:46:01,910 --> 00:46:00,449

just to do good science I don't think we

972

00:46:03,380 --> 00:46:01,920

need to get involved in religion or

973

00:46:06,410 --> 00:46:03,390

spirituality at the University in

974

00:46:09,979 --> 00:46:06,420

college level but I just think that it

975

00:46:11,809 --> 00:46:09,989

would be sufficient now to put this sort

976

00:46:14,120 --> 00:46:11,819

of information in the curriculum and

977

00:46:16,849 --> 00:46:14,130

just see where it goes we're making

978

00:46:19,310 --> 00:46:16,859

progress in medical schools back in 1993

979

00:46:21,580 --> 00:46:19,320

when I got involved in this business

980

00:46:25,190 --> 00:46:21,590

there were only three of the nation's

981

00:46:27,290 --> 00:46:25,200

140 medical schools that had any

982

00:46:30,350 --> 00:46:27,300

coursework looking at the source stuff

983

00:46:31,910 --> 00:46:30,360

were battalion about now the vast

984

00:46:34,160 --> 00:46:31,920

majority of medical schools in the

985

00:46:36,020 --> 00:46:34,170

United States look at the connections

986

00:46:38,690 --> 00:46:36,030

between religious and spiritual practice

987

00:46:42,110 --> 00:46:38,700

and the health outcomes that is a huge

988

00:46:43,730 --> 00:46:42,120

advance I think this will continue

989

00:46:47,300 --> 00:46:43,740

because there's an increasing

990

00:46:48,860 --> 00:46:47,310

recognition that people who follow some

991

00:46:51,590 --> 00:46:48,870

sort of spiritual path which usually

992

00:46:54,260 --> 00:46:51,600

involves this one mind idea that we can

993

00:46:56,000 --> 00:46:54,270

talk about they live longer and they

994

00:46:57,560 --> 00:46:56,010

have a lower incidence of all the major

995

00:46:59,990 --> 00:46:57,570

diseases you want to look at including

996

00:47:02,590 --> 00:47:00,000

heart disease and cancer so there's a

997

00:47:05,930 --> 00:47:02,600

real practical payoff of benefit

998

00:47:08,120 --> 00:47:05,940

health-wise for addressing these sorts

999

00:47:09,920 --> 00:47:08,130

of ideas so I would just say do good

1000

00:47:11,030 --> 00:47:09,930

science you know go where the evidence

1001
00:47:13,700 --> 00:47:11,040
leads us

1002
00:47:16,250 --> 00:47:13,710
I'd be happy we just did that what about

1003
00:47:20,780 --> 00:47:16,260
phonies and charlatans out there do they

1004
00:47:24,680 --> 00:47:20,790
concern you you bet they're not on guard

1005
00:47:27,590 --> 00:47:24,690
against that well I think the same

1006
00:47:29,330 --> 00:47:27,600
approach good science I mean if they

1007
00:47:30,620 --> 00:47:29,340
have evidence that all of this stuff

1008
00:47:35,390 --> 00:47:30,630
without bail is phony

1009
00:47:37,640 --> 00:47:35,400
let's hear it but I'm convinced to this

1010
00:47:40,460 --> 00:47:37,650
the the skeptics and the phonies and the

1011
00:47:44,000 --> 00:47:40,470
charlatans are not all on the side of

1012
00:47:47,870 --> 00:47:44,010
spirituality a lot of them masquerade is

1013
00:47:52,270 --> 00:47:47,880

skeptical scientists actually I have a I

1014

00:47:54,860 --> 00:47:52,280

have a terrible habit I call I collect

1015

00:47:57,860 --> 00:47:54,870

comments that I think are reprehensible

1016

00:47:59,600 --> 00:47:57,870

from scientists the one that is my

1017

00:48:01,310 --> 00:47:59,610

all-time favorite is the scientist he

1018

00:48:03,500 --> 00:48:01,320

was looking at this sort of information

1019

00:48:05,090 --> 00:48:03,510

would be talked about he said this is

1020

00:48:09,680 --> 00:48:05,100

the sort of thing I wouldn't believe

1021

00:48:13,310 --> 00:48:09,690

even if it were true now these comments

1022

00:48:15,920 --> 00:48:13,320

are said you know as a point of pride I

1023

00:48:18,890 --> 00:48:15,930

think they're an embarrassment to these

1024

00:48:20,680 --> 00:48:18,900

true scientific tradition which is prove

1025

00:48:22,970 --> 00:48:20,690

it let's see the evidence

1026

00:48:26,090 --> 00:48:22,980

open-mindedness that's what I'm in favor

1027

00:48:27,710 --> 00:48:26,100

of and more scientific studies you you

1028

00:48:30,560 --> 00:48:27,720

embrace the idea of having scientific

1029

00:48:32,560 --> 00:48:30,570

studies into this idea totally

1030

00:48:34,900 --> 00:48:32,570

absolutely

1031

00:48:37,510 --> 00:48:34,910

and and and who's doing those right now

1032

00:48:39,730 --> 00:48:37,520

where the leaders doing either these

1033

00:48:42,670 --> 00:48:39,740

happening at universities and med

1034

00:48:45,130 --> 00:48:42,680

schools well the first step has been to

1035

00:48:47,500 --> 00:48:45,140

honor the evidence that's been adduced

1036

00:48:49,450 --> 00:48:47,510

so far and as I mentioned the majority

1037

00:48:53,800 --> 00:48:49,460

of medical schools now are doing that

1038

00:48:55,900 --> 00:48:53,810

the connections between spiritual and

1039

00:48:58,000 --> 00:48:55,910

religious practice in health now a

1040

00:49:02,050 --> 00:48:58,010

number and the thousands these studies

1041

00:49:05,230 --> 00:49:02,060

is being done everywhere there are

1042

00:49:07,540 --> 00:49:05,240

certain non-academic settings like this

1043

00:49:10,110 --> 00:49:07,550

to do attic scientists scientists which

1044

00:49:13,480 --> 00:49:10,120

has been at the forefront of this for

1045

00:49:16,810 --> 00:49:13,490

gosh almost 30 years

1046

00:49:20,860 --> 00:49:16,820

the Princeton engineering anomalies

1047

00:49:22,870 --> 00:49:20,870

Research Laboratory recently shut down

1048

00:49:28,930 --> 00:49:22,880

after about 30 years of doing their

1049

00:49:31,480 --> 00:49:28,940

stuff and so you see these little bits

1050

00:49:34,420 --> 00:49:31,490

and pieces in the culture that are CUNY

1051

00:49:36,070 --> 00:49:34,430

into this sort of thing but we still got

1052

00:49:37,630 --> 00:49:36,080

a long way to go particularly in

1053

00:49:40,060 --> 00:49:37,640

medicine I think you're seeing one of

1054

00:49:41,530 --> 00:49:40,070

the most robust efforts to come trying

1055

00:49:45,640 --> 00:49:41,540

to come to grips with this stuff because

1056

00:49:47,410 --> 00:49:45,650

of the health implications well in a

1057

00:49:50,920 --> 00:49:47,420

country that certainly appears more

1058

00:49:53,320 --> 00:49:50,930

divided and it's being in perhaps our

1059

00:49:54,940 --> 00:49:53,330

lifetimes I don't know if you agree with

1060

00:49:57,970 --> 00:49:54,950

that you look to be a touch older than

1061

00:50:00,490 --> 00:49:57,980

me but not watch the idea of one mind

1062

00:50:02,740 --> 00:50:00,500

certainly seems to be a good thing for

1063

00:50:07,090 --> 00:50:02,750

people to be embracing today right well

1064

00:50:09,790 --> 00:50:07,100

that's my opinion I mean I that's

1065

00:50:13,030 --> 00:50:09,800

actually my lifework trying to promote

1066

00:50:15,370 --> 00:50:13,040

the idea from a scientific point of view

1067

00:50:18,130 --> 00:50:15,380

you know people want to join in from the

1068

00:50:21,190 --> 00:50:18,140

spiritual side I'm glad to have them but

1069

00:50:23,680 --> 00:50:21,200

I think that story will be told whether

1070

00:50:25,930 --> 00:50:23,690

or not the experiments point in this

1071

00:50:29,890 --> 00:50:25,940

direction or not but are we are we

1072

00:50:32,500 --> 00:50:29,900

making progress or we regressing in

1073

00:50:36,010 --> 00:50:32,510

heading toward one mindedness in your

1074

00:50:38,290 --> 00:50:36,020

view well it's sort of hard to tell I

1075

00:50:40,210 --> 00:50:38,300

asked this question of David bone wants

1076

00:50:41,770 --> 00:50:40,220

one of the world's great physicists

1077

00:50:44,560 --> 00:50:41,780

while he was still alive

1078

00:50:46,610 --> 00:50:44,570

I asked him Professor boney

1079

00:50:48,990 --> 00:50:46,620

do you think we're going to make it

1080

00:50:50,790 --> 00:50:49,000

at that time I was concerned about the

1081

00:50:55,800 --> 00:50:50,800

environmental degradation and where we

1082

00:50:58,080 --> 00:50:55,810

were headed and he he sort of ferdy's

1083

00:51:03,780 --> 00:50:58,090

brow and thought and finally he said

1084

00:51:06,780 --> 00:51:03,790

Larry will make it barely I think that

1085

00:51:09,060 --> 00:51:06,790

pretty much represents my attitude I do

1086

00:51:11,220 --> 00:51:09,070

not think that time is on our side I

1087

00:51:14,330 --> 00:51:11,230

think there are pockets of awareness

1088

00:51:17,070 --> 00:51:14,340

about the nature of consciousness that

1089

00:51:18,990 --> 00:51:17,080

exists on the earth that sort of Dwarfs

1090

00:51:22,860 --> 00:51:19,000

where we stand in the United States

1091

00:51:26,040 --> 00:51:22,870

currently I hope that that changes and

1092

00:51:27,900 --> 00:51:26,050

I'm confident that it will but I think

1093

00:51:32,190 --> 00:51:27,910

it would be a closer on thing and I

1094

00:51:34,140 --> 00:51:32,200

think is there any culture out there in

1095

00:51:37,470 --> 00:51:34,150

the world that you feel is closest to

1096

00:51:39,240 --> 00:51:37,480

this you know this may sound

1097

00:51:42,240 --> 00:51:39,250

contradictory but I think that there are

1098

00:51:44,400 --> 00:51:42,250

pockets in the United States that are

1099

00:51:46,050 --> 00:51:44,410

closer through this awareness than

1100

00:51:48,780 --> 00:51:46,060

anywhere else in the world and this is

1101

00:51:53,100 --> 00:51:48,790

one reason that I'm not confident to do

1102

00:51:57,020 --> 00:51:53,110

my work in America now our hope is that

1103

00:52:00,210 --> 00:51:57,030

this spreads and will catch on and the

1104

00:52:01,650 --> 00:52:00,220

academic community at large but I don't

1105

00:52:04,080 --> 00:52:01,660

think that there's any place in the

1106

00:52:05,880 --> 00:52:04,090

world that can compete with the research

1107

00:52:09,420 --> 00:52:05,890

evidence that comes out of certain

1108

00:52:13,100 --> 00:52:09,430

elements in this culture and that's why

1109

00:52:16,500 --> 00:52:13,110

I'm proud to call myself in America hmm

1110

00:52:23,670 --> 00:52:16,510

and where is the pocket is it in Santa

1111

00:52:25,880 --> 00:52:23,680

Fe well this is where you are Santa Fe

1112

00:52:31,460 --> 00:52:25,890

is a an interesting place let me just

1113

00:52:34,410 --> 00:52:31,470

leave it like that there are places that

1114

00:52:36,710 --> 00:52:34,420

building stones work which is as an

1115

00:52:38,820 --> 00:52:36,720

independent it's been replicated at

1116

00:52:41,580 --> 00:52:38,830

academic centers around the country

1117

00:52:44,220 --> 00:52:41,590

ion's institute of noetic sciences it's

1118

00:52:48,330 --> 00:52:44,230

early on the mouth there there are many

1119

00:52:50,130 --> 00:52:48,340

other areas in medicine that are

1120

00:52:53,330 --> 00:52:50,140

affiliated with medical schools that

1121

00:52:55,460 --> 00:52:53,340

while carrying this work forward so

1122

00:52:58,010 --> 00:52:55,470

actually there

1123

00:53:01,970 --> 00:52:58,020

many to name but they're out there doing

1124

00:53:02,839 --> 00:53:01,980

good work often silently and under the

1125

00:53:05,750 --> 00:53:02,849

radar

1126

00:53:08,950 --> 00:53:05,760

but that's not to say that they're not

1127

00:53:11,690 --> 00:53:08,960

for nothing they they really are I think

1128

00:53:14,150 --> 00:53:11,700

making a tremendous contributions about

1129

00:53:15,470 --> 00:53:14,160

where we will eventually wind up I was

1130

00:53:18,020 --> 00:53:15,480

expecting you to say something like the

1131

00:53:19,730 --> 00:53:18,030

the Buddhists humidities are more

1132

00:53:21,710 --> 00:53:19,740

advanced in this type of thinking I mean

1133

00:53:24,260 --> 00:53:21,720

is there a community in that regard that

1134

00:53:26,599 --> 00:53:24,270

you feel embraces this more than others

1135

00:53:30,740 --> 00:53:26,609

well the the Dalai Lama has been famous

1136

00:53:32,930 --> 00:53:30,750

for advocating a an experimental

1137

00:53:35,690 --> 00:53:32,940

approach to spirituality he was asked

1138

00:53:37,910 --> 00:53:35,700

once if we got to the point where the

1139

00:53:39,620 --> 00:53:37,920

experiments bumped up against Buddhism

1140

00:53:42,530 --> 00:53:39,630

which way would he go

1141

00:53:46,010 --> 00:53:42,540

and he said well dude ISM usually have

1142

00:53:50,470 --> 00:53:46,020

ways of sort of going with an

1143

00:53:55,790 --> 00:53:50,480

experimental flow so Buddhism I think is

1144

00:53:57,650 --> 00:53:55,800

on board although not by way of doing

1145

00:54:00,829 --> 00:53:57,660

experiments themselves it's more of a